

Peace Invocation

Om saha nāvavatu saha nau bhunaktu saha vīryam karavāvahai |

Tejasvi nāvadhītamastu mā vidviṣāvahai ||

Om śāntiḥ śāntiḥ śāntiḥ ||

May He (Isvara) protect us both. May He (Isvara) nourish us.

May we acquire the capacity to study and understand (the teachings).

May our study be filled with light. May we not create meaningless distractions.

Om peace peace peace.